



Young Women Empowered

5623 Rainier Ave S, Seattle, WA 98118 | 206-519-2426 | www.y-we.org

Now Hiring: Community Wellness and Mental Health Contractor (part time, temporary)

Reports to: Y-WE Program Director

Contract Dates: 2/1/2025 - 6/14/2025

Compensation and Hours: \$50-60/hour depending on experience, average of 20 hours per week

Location: Seattle, WA, with a combination of remote and in-person work required

Application Deadline: Immediate hire. Application deadline is Thursday, January 30th 2025.

ABOUT YOUNG WOMEN EMPOWERED (Y-WE): Y-WE cultivates the power of diverse young women* to be courageous leaders and creative changemakers. We serve youth and young adults ages 13-26 from all backgrounds in the greater Seattle area, centering BIPOC and gender expansive youth most impacted by systemic inequity. The container for our transformative programs is our intergenerational community of belonging, and we envision a society where all young women live their truth, achieve their dreams, and change our world. Y-WE is Women-of-Color led with a majority BIPOC staff, board, and mentor community. We've grown from a youth-led pilot program in 2010 to a nonprofit now serving 1,000+ participants annually through ongoing programs, public events, and other community activities. Y-WE also provides mentorship, wellness support services, opportunities for direct family aid, and more. Please visit our website for more information about our work and impact.

**those who identify as girls, women, trans, nonbinary, and gender expansive*

POSITION SUMMARY: The Community Wellness and Mental Health Contractor role is responsible for providing holistic support to our youth and their families. In this vital role, you will offer comprehensive case management, guiding families in navigating and accessing a broad spectrum of resources and services to meet their needs. Additionally, this role is responsible for managing the Healing Justice Collective, composed of mission-aligned mental health and wellness practitioners that provide ongoing licensed mental health support to our youth and their families. This position requires a Master in Social Work (MSW) degree and/or a professional license to practice counseling/therapy.

KEY QUALITIES:

- Skill and experience in navigating complex social service systems
- Experience and comfortable providing one-on-one crisis intervention and mental health counseling
- Passion for advancing equity and social justice
- Embodied awareness of the profound impacts of systemic oppression and violence on the communities Y-WE serves
- Attention to detail and ability to keep confidential records

RESPONSIBILITIES:

Direct Services and Referrals

- Assist Y-WE participants and their families in accessing social services, benefits, and financial assistance as needed. Walk alongside them as they navigate systems for financial, housing, medical, and mental health assistance.
- Manage the Healing Justice Collective program and coordinate mutual aid support.

- Provide one-on-one and/or group mental health counseling to Y-WE participants based on a holistic, anti-oppression model. Develop individual treatment plans with each participant and their family as applicable.
- Be responsive to mental health emergencies/emergent situations happening with Y-WE youth or alum.

Mental Health and Wellness Education and Training

- Provide mental health and wellness education to Y-WE volunteer mentors, facilitators, and staff members.
- Be available for mentorship and consultation with adults in the Y-WE community when questions and concerns arise re: youth participants.
- Provide training to Y-WE volunteer mentors and facilitators on a regular basis re: issues of wellness and mental health that are impacting our communities.
- Provide comprehensive training to Y-WE volunteer mentors and facilitators, as well as the Y-WE staff team on risk management issues in serving teens and mandatory reporting. Support Y-WE staff, facilitators and teaching artists to integrate mental health and wellness best practices into their curriculum.

Participant Tracking and Case Management

- Document support administered to youth and families.
- Update and maintain a database infrastructure that is confidential, but also accessible to staff, to view and track the history of interactions with youth before engaging.

Disclaimer: This job description is not to be considered an exhaustive list of all responsibilities, duties, and skills required for this position.

QUALIFICATIONS:

Required Certificates and Licenses, Education, and Professional Background

- Master in Social Work (MSW) degree and/or professional license to practice counseling/therapy
- Significant training and experience in and/or a degree focused on social work, mental health counseling, or psychology
- In-depth understanding of Washington State's child welfare laws and mandatory reporting requirements
- A holistic background in providing mental health services through an anti-oppressive lens.
- Comprehensive understanding of Y-WE Programs or other youth programs

General Qualifications

- Commitment to and understanding of the mission and vision of Y-WE
- Knowledge of culturally relevant and developmentally appropriate practices, pedagogies, and facilitation tools when working with youth, particularly BIPOC girls
- Proficient in Google Workspace and comfortable learning and using CRM systems, Project Management systems, Case Management systems, and other technologies as needed
- Ability to pass a criminal background check
- First Aid/CPR/AED certification, or willingness to obtain within one month of hiring
- Preferred but not required: proficient in a language other than English, relevant to the communities we serve, particularly Spanish, Amharic, Somali, or Vietnamese.

COMPENSATION AND HOURS

- \$50-60/hour depending on experience, for an average of 20 hours per week
- Hybrid schedule with some work-from-home flexibility, along with in-person work required at the Y-WE office and off-site program locations
- Work computer provided

WORKING AND ENVIRONMENTAL CONDITIONS: This position operates primarily in an office environment, with visits to external environments and locations that require traveling to and from various locations within the greater Seattle area. This position requires the ability to: remain in a stationary position for prolonged periods of time; move/traverse within a multi-level office space, to/from community partner and program locations, and various meeting spaces; move/transport equipment and supplies that may exceed 30 lbs; effectively operate a computer and other office hardware, and use various internet-based applications and software; operate vehicles, including large passenger vans; and communicate frequently, effectively, and accurately with internal and external partners. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions of the position.

QUESTIONS AND HOW TO APPLY: Please email your cover letter, resume and 3 references to adminassistant@y-we.org. This is an immediate hire. Application deadline is Thursday, January 30th 2025. We look forward to receiving your application!

Young Women Empowered is an equal opportunity employer. We do not discriminate on the basis of race, religion, gender identity, sexual orientation, national origin, age, disability, or any other legally protected status.